

Guide for Authors

Edition, peer review, and publishing of articles are completely free for the current issues of the journal now.

Article body:

Article body must generally include the following headings:

- **Abstract:** 150-250word,
- **Keywords:** Times New Roman. Font 10
- **Keypoints:** Times New Roman. Font 10 (**in the form of Bullet**)
- **Introduction:** should summarize the purpose and the rationale for the study,
- **Materials and Methods:** including the procedure of recruiting, measures, and Instrument
- **Findings:** must be presented in the form of text, tables, and illustrations,
- **Discussion:** emphasize the present findings and concentrates on the new and important aspects of the study and the achieved conclusions,
- **Conclusion:** must include implications of the study, the importance of ideas, and introduction of possible new ways of thinking about the research problem.
- **References:** APA Style (Times New Roman. Font 10), Sources should be hyperlinked (DOI, PubMed)

Structure:

Authors will need to include a separate 2-3 sentence summary labeled "counseling or therapeutic significance of this article" and should also include a word count with their article.

Word limits:

Manuscripts reporting results of quantitative or qualitative research generally should not exceed 25 double-spaced pages (including abstract, text, references, tables, and figures), with margins of at least 2 cm on all sides and a 12-point font. Concise manuscripts are favored over lengthier manuscripts, as long as the quality is not compromised in abbreviating a paper. Papers that do not follow the journal guidelines will be rejected.

Fonts:

Times New Roman font (size 12) for the body,

(Size 14) for headings,

(Size 14) in **bold** form for the title,

(Size 12) in **bold** form for subheadings,

and (Size 11) for abstract.

Style guidelines:

Please use APA (American Psychological Association) style guidelines when preparing your paper, rather than any published articles or a sample copy.

Please use double quotation marks, except where "a quotation is 'within' a quotation". Note that long quotations should be *indented* without quotation marks.

References:

All submitted manuscripts should follow the current APA (American Psychological Association) style.

Figures:

Figures should be high quality (1200 dpi for line art, 600 dpi for grayscale, and 300 dpi for color, at the correct size). Figures should be prepared in one of our preferred file formats: EPS, PS, JPEG, GIF, or Microsoft Word (DOC or DOCX). For more information relating to other file types, please consult our [Submission of electronic artwork](#) document.

Tables:

Tables should reveal new information rather than duplicating what is in the text. Readers should be able to interpret the table without referring to the text. Please prepare editable files.